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TRAVEL · ADULTS-ONLY RESORTS · UPDATED NOVEMBER 2026

Adults-only resort planner

The 10 resorts on our list side by side, what to check before you book, and a simple packing and booking checklist.

The 10 resorts at a glance

#	Resort	Best for	Where	Ages	Plan
1	Le Blanc Spa Resort Cancun	Best overall	Cancun, Mexico	18+	All-inclusive
2	Secrets Maroma Beach	Best beach	Riviera Maya, Mexico	18+	All-inclusive
3	Excellence Playa Mujeres	Best for food lovers	Playa Mujeres, Mexico	18+	All-inclusive
4	Hotel Xcaret Arte	Best for days out	Playa del Carmen, Mexico	16+	All-Fun Inclusive
5	Sandals South Coast	Best for overwater stays	Whitehouse, Jamaica	Couples, 18+	All-inclusive
6	Couples Swept Away	Best for active couples	Negril, Jamaica	Couples, 18+	All-inclusive
7	Domes Miramare Corfu	Best in Europe	Corfu, Greece	16+	Hotel, breakfast extra
8	Lindos Blu	Best boutique hotel	Rhodes, Greece	17+	Bed and breakfast
9	Breathless Riviera Cancun	Best for a lively trip	Puerto Morelos, Mexico	Adults only	All-inclusive
10	Royalton CHIC Punta Cana	Best for groups	Punta Cana, Dom. Rep.	Adults only	All-inclusive

Good to know

"Adults only" doesn't always mean 18+. Some resorts on this list welcome guests from 16 or 17, and couples-only resorts don't take single bookings. Always check the age rule and what's included before you book.

What to check before you book

The questions that make the biggest difference to an adults-only trip.

AGE AND GUEST RULES

- Check the minimum age: 16, 17 or 18.
- Check whether the resort is couples-only.
- Ask whether solo travellers or groups are welcome.
- Check the dress code for evening restaurants.

WHAT'S INCLUDED

- All-inclusive, bed and breakfast or room only?
- Are premium drinks and all restaurants included?
- Are tips and resort fees in the price?
- Are spa treatments, excursions or transfers extra?

LOCATION

- How long is the transfer from the airport?
- Is the beach good for swimming or rocky?
- Is the resort close to towns, or quite secluded?
- What's the weather like in your travel month?

ROOMS

- Which room types have a sea view or private pool?
- Are swim-up or overwater rooms worth the extra?
- Is the room near the pool, bar or nightclub?
- Book early for the most popular room types.

THE VIBE

- Quiet and romantic, or social with parties?
- Is there evening entertainment?
- How many restaurants need a booking?

Your booking and packing checklist

Tick things off as you go.

BOOKING

- [ ] Age rule and guest policy checked
- [ ] What's included confirmed in writing
- [ ] Airport transfer booked
- [ ] Travel insurance in place
- [ ] Restaurant and spa bookings made early

DOCUMENTS

- [ ] Passports valid for your full trip
- [ ] Entry or visa rules checked
- [ ] Booking confirmations saved offline
- [ ] Photo ID for check-in
- [ ] Card for the resort deposit

PACKING

- [ ] Smart-casual outfits for dinner
- [ ] Reef-safe sunscreen and a hat
- [ ] Swimwear and a cover-up
- [ ] Insect repellent

EXTRAS

- [ ] Small notes for tips, if not included
- [ ] Travel adapter
- [ ] Waterproof phone pouch
- [ ] Any medication in your hand luggage

See the full list online

All 10 resorts, with who each one suits.

pickwiseguides.com/travel/adults-only-resorts

Open the list